2021 "North America Buddha's Light Cultivation Year – To Make the World a Better Place"

Purpose of the Event:
As the pandemic continues, society seemingly becomes more unstable and filled with chaos. People's minds become very unsettled and easily agitated. What can we do as Buddhists? Through our faith and our cultivation, we can send out positive energy and share goodwill with the world. We can help society to settle down and help all people to find calmness. It is our sincere hope that all Fo Guang Shan members and people who are interested in cultivating will unite together and put forth an effort to help calm people's minds, and to restore harmony and peace within our society by dedicating their merit and compassionate well-wishes.

Event Dates:
Starting now – Nov 7, 2021 (Final Dedication of Merit in the Medicine Buddha's Dharma Service)

Participants:
All North America venerables, FGS devotees, BLIA members, Friends of Buddhism and anyone who is interested

Cultivation Practice:
1. Chanting the Medicine Buddha mantra
2. Chanting the Heart Sutra
3. Chanting the Buddha's name

How to Participate in this Event?
1. Register: online at **www.ibpscultivation.org**
2. Choose: the Heart Sutra, or the Medicine Buddha Dharani, or the Buddha's name to chant, or all three!
3. Chant: each day as many times as you can, or set a daily goal to reach.
4. Record: <u>keep a record of the amount you chant each day</u>.
5. Report: once a week the amount of sutra, dharani and Buddha's name you chanted. Last day all reports will be accepted is on November 5, 2021.
   Please report online at **www.ibpscultivation.org**
6. Chanting Recording Cards: for ease, you may download and print a Chanting Record Card.
7. ** The names of those who chant over 1000 Heart Sutras or 50,000 Medicine Buddha Dharani or 100,000 Buddha's names, within one month, will be placed on the Wall of Honor.

Contact:
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